

The Perfect Solution For Anyone Who Wants To Gain Muscular Weight

Does this sound familiar? You just finished another fantastically grueling workout. You pushed your body to the max and you've got that familiar combo of pride (and relief that it's over) rolling around in your head. You make your way out of the gym, and notice that you're a little shaky...a bit too unsteady - and you know it's definitely time to get something in your stomach. It's not like you haven't eaten today, but that machine gun metabolism of yours never gives you a break! Others struggle to lose... you're struggling to gain.

In this case, your ideal post workout meal is something with a 2 to 1 ratio of carbs to protein, an example would be 12 egg whites with an 8 oz baked potato, a cup of brown rice, AND a green vegetable or salad. But your schedule is packed...you've got someplace to be, and EVEN if you could tolerate all that food after such a hard workout, it's impossible to fit it into your plans today. Or is it...?

Tim Mielke



So Powerful – Just One Serving Replaces TWO PLATES OF FOOD!

It's true! Now nothing can stop you from getting the post recovery nutrients you need! **Mass Maker** is one of the most powerful mixtures ever formulated into a powder. The rich calorie and nutrient content gives your body the fuel it needs to get through the most grueling workouts. And once you're out of the gym, **Mass Maker** works to speed your recovery and accelerate your gains - muscle NOT fat.

The Perfect Workout Drink!

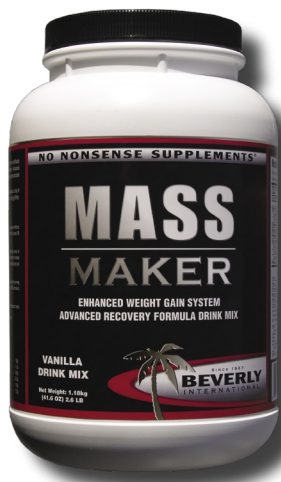
If you need a great pre-workout drink...**Mass Maker** is there for you. If you want something to take after your workouts to speed growth and recovery...**Mass Maker** is there for you too! **Mass Maker** is precisely structured around a 30% protein, 65% carbohydrate, 5% fat macronutrient matrix, the perfect ratio of carbs to protein for optimal recovery. In fact, **Mass Maker** contains everything a nutrient rich, muscular support meal must have, and the convenience regular meals don't provide. **Mass Maker** - it's all you need.

We Swear It's Not Magic - - It's Really Just Good Science

Mass Maker contains "Pro Mass" - the combination of state of the art proteins that will send your muscles into an ideal state of growth! This matchless multi species protein blend utilizes the finest nitrogen sources in the world - casein, milk protein isolate, taurine, whey protein isolate, colostrum and egg whites. **Mass Maker** delivers a hard-hitting anabolic and anti-catabolic array of amino's to support your muscle tissue for growth and repair.

Another prominent feature of **Mass Maker** is the scientifically advanced Tri-Phase Carbohydrate Blend - an unparalleled high octane energy source comprised of two proven complex carbohydrate sources, premium grade pentasaccharide maltodextrin and rice, and a unique super-low glycemic fibrous carb (dahlia inulin) to keep a steady stream of insulin pumping your muscles with nutrients.

To make its power complete **Mass Maker** also provides an advanced Mineral Complex that delivers crucial electrolytes, (in the ideal ratios) for maximum recovery.



Plus - **Mass Maker**: Helps you recover faster from your workouts, avoid hunger, stay leaner, get stronger, add muscle mass, perform better overall – and as if all this isn't exciting enough, keep in mind that **Mass Maker** packs more nutritional benefits than most meals – NO Cooking Required!

3 Big Ways You Can Benefit By Using Mass Maker

#1: As A Convenient High Quality Portable Meal Replacement: Simply mix a three-scoop serving of **Mass Maker** in 8 oz. water for a simple-but-effective 270 calorie meal with the following nutrient proportion: 30% protein, 65% carbohydrate and only 5% fat. It's easy to adjust the number of scoops (90 calories each) to fit your personal caloric preferences. Use post workout for recovery that translates into solid muscle-mass gains following an intense training session. Just mix it with water and you're good to go!

#2: Gain One Full Pound of Muscular Weight A Week: This is one of the simplest and easiest methods to achieve muscular weight gain. Simply add one serving of **Mass Maker** in 8 oz milk or water and drink twice daily in addition to your regular food meals.

#3: The Ultimate Size Gainer: Build Mass fast! You can gain more than five pounds of muscular weight the first month that you use this formula. Mix a serving of Ultra Size and **Mass Maker** together twice daily. Two servings of this formula daily supply an extra 74g protein, 96g carbohydrate, and more than 780 muscle building calories every day!

Here's Why People Think Mass Maker Is "Magic"

I Gained 13 Lbs of Muscle and Lost 21 Lbs of Fat in 7 Months. I have run through the gauntlet of using every product on the market (or at least the best-advertised products) with no results. I tried some "Nitro-nonsense" which I thought was supposed to be great, (and I gained 9 lbs of FAT in just a few weeks). I was ready to give up on supplements. I even tried one of those fancy computer programs that help you design a nutrition program. Shortly after that, a friend told me about Beverly. I decided to give them a try, but honestly I had little faith in any supplement company at this point. The first 2 weeks, I gained 5 lbs of muscle! After 7 months, with Mass Maker (and I love it), I have gained a total of 13 lbs of muscle and dropped 21 lbs of fat. That is 34 solid lbs in just 7 months. Needless to say, I no longer use or even have to 'try' another product. **-Tony Weidner, Glenwood, MN**

Still Not Sure Mass Maker Is For You? 7 Convincing Reasons NOT to Risk Leaving Mass Maker Out of Your Program

- 1) **Mass Maker adds more quality proteins and calories to your nutrition than you get from food alone.**
- 2) **You train; you break down your muscles. Mass Maker's tri-blend of 3 types of carbohydrates and 3 types of proteins (fast, medium and slow) give your muscles what they need to repair, and grow!**
- 3) **With Mass Maker giving your muscles the "repair and grow" fuel, you will get bigger and stronger.**
- 4) **Great for you and GREAT taste too, whether you prepare it ahead of time or right when you need it.**
- 5) **No sugar means your insulin stays stable rather than spiking up and down (that means no fat gain).**
- 6) **Prepares in seconds, delicious from the first sip! What else can you do that's so easy yet so powerful?**
- 7) **It's GUARANTEED! How simple is this? You try it - you love it... if not we'll refund your money!**

Don't settle for just a little edge...with **Mass Maker**, you can have it all - rapid training recovery, super-sonic, quality lean muscle mass gains...all with a taste so irresistible that your mouth will be watering for more after every training session.

Get it in Vanilla, Chocolate or both Delicious Flavors!

Call 800-781-3475 to grab yours now!

For a special FREE Mass Maker report, visit www.bodybuildingworld.com/vol6_4/mrMass.html

Look What's Inside Mass Maker

Supplement Facts:

Container Size: 2.6lb
Serving Size: 3 Scoops (70g)
Servings Per Container: about 17

Available Flavors:

Vanilla, Chocolate

Amount Per Scoop:

Calories	270
Protein	20g
Total Carbs	43g
Total Fat	2g
Saturated Fat	0.5g
Cholesterol	5mg

Pro Mass

Protein Blend:

Calcium Caseinate, Milk Protein Isolate, Whey Protein Isolate, Taurine, Colostrum, Egg White.

Tri-Phase

Carbohydrate System:

Penta-Saccharide Maltodextrin (complex), Rice Syrup Solids (complex), Inulin from Dahlia Juice (fibrous).

Mineral and

Electrolyte Complex:

Calcium	350mg
Magnesium	110mg
Selenium	30mcg
Iron	7mg
Iodine	35mcg
Zinc	6mg
Copper	0.5mg
Chromium	3mcg
Potassium	280mg
Sodium	150mg

Other Ingredients:

Natural and artificial flavor, high oleic safflower oil, mono- and diglycerides, medium chain triglycerides, sucralose, soy lecithin, acesulfame K, tocopherols added to protect flavor.

Please Note:

Nutritional content and ingredients may vary slightly between Mass Maker flavors.