

For Serious, Truly Committed Bodybuilders Here's Your Key To Becoming The "Best Of The Best"

Do you eat, sleep, live and breathe bodybuilding? Do you demand a level of achievement and excellence that is higher than most? If so, you're probably already doing all the "right" things to reach your goals. Still, you may have noticed that it's extremely difficult to have real breakthroughs. You're not alone. You, like many in the bodybuilding community, may have missed a powerful, yet little known truth...one that bodybuilders are most guilty of overlooking.

It's something that will make a change in your gains that's comparable to turning silver into gold... turning a contender into a champion. It can prevent any of the training you do, (every single set, rep and every dollar you spend on nutrition) from simply being wasted! So what's the solution?

"The Most Underutilized Tool In Muscle Building"

The nutritional tool overlooked by so many is a specific formulation of amino acids. Dr. Eric Serrano MD, one of the few, unbiased experts on the topic (as in no financial ties to a supplement company) put it best when he stated, "Amino acid formulations are the most under utilized tools available to the bodybuilding community." Scientific research has demonstrated that athletes under severe stress, (hard exercise, weight training, even trauma) can benefit from the peptide bonded amino acids because they are up to 16 times more effective for repair than whole food sources. Yes, 16 times more effective!

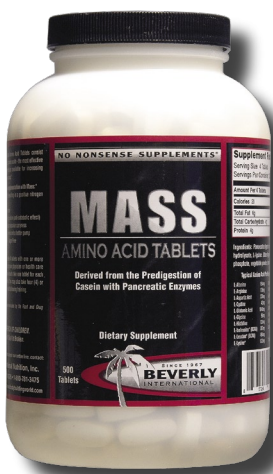
But don't be fooled into thinking "any old amino supplement" is as good as the next. To provide the most benefit, your amino supplement must be composed of pancreatic (enzyme) digests of protein and peptide-bonded amino acids that are readily available for your body to use. The scientific measure used to determine this is the amount of nitrogen found in the supplement, (called the Amino Nitrogen/Total Nitrogen rating), and the most superior amino supplement on the market is MASS, it is the amino tablet Beverly created that is truly different.

Specifically formulated to provide the rare benefits of rapid absorption and complete utilization, **MASS** begins absorbing in minutes for a rapid anabolic effect, unlike whole food proteins that can take up to 4 hours. But, unlike other rapid absorbing protein sources, **MASS** is not burned as an energy source, its muscle building value stays intact.

- **MASS acts as a trigger to force more gains from your food.**
- **MASS provides PEAK nitrogen retention that triggers SPEEDY muscle growth.**
- **Stimulates energy metabolism and enhanced protein synthesis during training.**
- **MASS spares your precious muscle tissue protein.**
- **MASS gives you higher workout energy levels, a better pump and greater mental alertness.**

Again, the Amino/Nitrogen/Total Nitrogen ratio is the key to determining how good your amino tablet or capsule really is. One way to think of how important the high nitrogen content of **MASS** is to your growth, is to use the analogy of what happens when you use a "Miracle Grow" additive on a plant. You get a bigger, healthier, greener plant almost instantly. The key reason for this amazing growth is the nitrogen!

Nothing we've seen can touch the power of Beverly's MASS



Mass Takes On The Competition And Guns 'em Down!

We don't mean to sound sensationalistic, but the fact is, no other amino acid product holds a candle to Beverly's **MASS**. In two double blind studies, Beverly's **MASS** amino acids had the highest nitrogen rating of any amino acid in our entire industry. **MASS** allows for continual protein availability - that means it is not necessary for your body to break down muscle to supply amino acids for other vital functions such as enzyme production and organ maintenance.

MASS supports an anabolic environment for your muscles throughout the day—preserving muscle mass even during low calorie periods. In other words, the work you do in the gym...stays! Many Beverly International clients have reported excellent results, particularly our drug free bodybuilders who use **MASS** Amino Acid tablets for increased lean body mass and enhanced recovery from their high intensity training.

MASS Fills Your Muscular Pipeline with Fuel that Kick Starts Protein Synthesis, Reduces Catabolism, And Improves Nitrogen Retention

MASS has been around the muscle building block. Its reliable effectiveness shields it from cheap shots by knock-off newcomers. They don't stand a chance. **MASS** is the undisputed Godfather of organized gains. It always gets the job done. It provides you an offer you shouldn't refuse.

Here's How You Use Mass to Get Great Gains

- 1) **Take 2-4 MASS tablets with each meal or snack. This method increases your net protein utilization from each meal resulting in more lean muscle growth each day.**
- 2) **Take 4-8 (based on your bodyweight) MASS tablets before training and 4-8 tablets after training. Puts your body into a positive nitrogen balance conducive to muscle growth.**
- 3) **Feed your muscles while you train. Take 12-24 MASS tablets while you train – (2-4 every 10 minutes throughout your workout)**
- 4) **Bonus*** keep your body in a positive nitrogen balance all day long – take 2-3 MASS tablets every half hour throughout the day.**

AND JUST WHEN YOU THINK YOU'VE GOTTEN ALL YOU CAN GET FROM MASS – THERE'S ANOTHER (ALMOST EFFORTLESS) WAY TO MAKE YOUR RESULTS EVEN MORE ASTOUNDING!

It's true. Begin taking **MASS** by itself and we guarantee you'll experience a dramatic difference...but why not go for a real one-two power punch? Stack **MASS** tablets along with Ultra 40 liver tablets year round for added lean mass gains. You'll be in good company, as that is exactly what most of the 'Beverly' champion athletes do*.

Five Pounds in Two Months - Not Bad for a 60 Year Old! I've put on 5lbs in the two months that I have been using Ultra 40 and Mass. I've never used supplements before and obtained results very rapidly. I'm by no means a pro and I'll be 60 next year **-J.M. Sigears, KS**

Listen. If you do everything you possibly can to reach your bodybuilding objectives and still don't reach them then that's fate, not something to be ashamed of. But, if you let neglect or a lack of applying knowledge that is proven to make a difference stop you just shy of your dream... you'll wind up with a painful sense of regret. It doesn't have to be that way.

Adding Beverly's MASS Aminos to your daily nutrition can and will make a difference. Call Beverly today at 800-781-3475. Try Mass Aminos for yourself.

*Mass and Ultra 40 have a track record that is unequalled by any other non-steroid compound for predictable gains in lean mass! Natural bodybuilders interested in maximum size should do everything possible to get the greatest protein spectrum and utilization. Mass and Ultra 40 are a convenient way to get an amazing and unique amino acid profile to compliment what surely is missing from whole food.

Look What's Inside Mass

Supplement Facts:

Container Size: 500 tablets
Serving Size: 4 tablets
Servings Per Container: 125

Amount Per 4 tablets:

Calories	20
Protein	4g
Total Fat	0g
Total Carbs	0g

Mass Pro Blend:

Pancreatic digest of Casein,
 Whey Protein, L-Lysine, Milk Protein Hydrolysate

Typical Amino Acid

Profile per 4 Tablets:

L-Alanine	0.16g
L-Arginine	0.13g
L-Aspartic	0.41g
L-Cystine Acid	0.05g
L-Glutamic Acid	0.93g
L-Glycine	0.07g
L-Histidine	0.10g
L-Isoleucine* (BCAA)	0.25g
L-Leucine* (BCAA)	0.42g
L-Lysine*	0.35g
L-Methionine*	0.11g
L-Phenylalanine*	0.18g
L-Proline	0.41g
L-Serine	0.22g
L-Threonine*	0.23g
L-Tryptophan*	0.05g
L-Tyrosine	0.18g
L-Valine* (BCAA)	0.27g

*Essential Amino Acids

Suggested Use:

For maximum Nitrogen retention, recovery and growth:

Take 2-4 tablets with each meal or protein shake. Total for the day should equal 1/10 your body-weight. For example, if you weigh 160 lbs, you would take 16 Mass tablets daily divided among your meals.

An advanced method for maximum muscle mass gain:

Take 3-6 Mass peptide-bonded amino acid tablets every ten minutes during your training.